

Our services at a glance

Our nursing homes offer a home for the elderly in need of care. We ensure that our residents feel at ease and well looked after, and we aim to provide them with true quality of life.

We apply a modern approach to medical treatment, nursing and care, ensuring that our residents are looked after according to their needs while encouraging their independence. Physiotherapy, occupational and activation therapy complement these services along with a well-balanced diet including a wide choice of dishes, and various in-house activities. We maintain contact with our residents' relatives to fulfil our mandate in the best possible manner.

General and specialised care services

Nursing and residence

Nursing and residence with no specialized care services are provided in our standard units.

Services for dementia patients

Dementia patients at risk of wandering live in special protection units which are designed to prevent confused residents from leaving the premises and not finding their way back. They are free to move within the unit and the connecting outdoors area, and contact with the outside world is maintained with regular walks and outings. Nursing and care are based on the latest findings in dementia research.

Services for persons with impaired mobility or prone to falling

Focused and intensive physical exercise enhances the mobility and independence of our residents. This specialised service is suited for persons who are willing and able to attend training sessions on a regular basis.

Services for mentally agile persons

These services bring together persons who are able to establish and maintain contact with others, for persons who enjoy conversations and engaging in activities together with other residents.

Palliative care

Palliative medicine and care is tailored to the needs of the severely ill or dying. The goal is to maintain the best possible quality of life by relieving physical and mental or emotional pain. In the nursing centres, persons with incurable illnesses are nursed, cared for, and accompanied in their dying in line with the principles of palliation.

Further specialised services are available for:

- persons with Mediterranean background or affinity
- persons with chronic mental diseases
- persons with neurological deficits
- persons in need of psycho-social rehabilitation
- MRSA patients
- heavily overweight persons
- persons with special nursing needs (artificial respiration, tracheostomy, special wound treatment)

We continuously develop and expand the services in this range and adapt them to our residents' needs.

Units for the disabled

This service is available for young adults who draw full disability pensions and are in need of permanent nursing and care. These departments offer them a place to live according to their age and needs. Activities, the general living conditions and private areas are designed to grant a maximum of self-determination and privacy.

Transitional care

Persons who have been discharged from a hospital but are not yet able to live independently at home are accommodated in transitional care units. These units offer activation and rehabilitation to help them regain their strength and independence.

Transitional care is suited for patients who no longer need medical or therapeutic hospital treatment and have the physical and mental potential to return to their homes.

Residential care groups**Residential care groups**

Residential care groups are small residential units offering mobile residents the opportunity to live individually while being able to benefit from being part of a group. These residential groups are usually located on the premises of the nursing centres.

External residential care groups

The Zurich nursing homes run nine external residential care groups with different areas of specialisation. These assisted groups are associated with a nursing home but the residents are largely independent and participate in everyday tasks, such as cooking, shopping and doing the laundry. Most of the residential care groups are designed for mobile persons suffering from dementia, while some groups have other fields of specialization.

Medical care, pastoral care

Our medical doctors are responsible for medical care within our service range. Our institution's pastoral workers are also available on request.

Important:

Admission to one of our nursing homes is subject to the applicant being a resident of the city of Zurich.

Outpatient services

The **Memory Clinic Entlisberg** is a consultation and assessment centre for persons suffering from memory disorders and dementia.

Home visits SiL (socio-medical individual solutions) is a service closely linked to the 'Memory Clinic Entlisberg'. The service comprises home visits to persons suffering from dementia or other memory disorders to assess their current situation and support them in their daily lives.

For referring institutions, we provide supplementary services related to home care and nursing: The nursing centres of the city of Zurich provide flexible, tailor-made services both for persons assisted at home and for their relatives, enabling the persons under care to live at home as long as possible.

Further information

about admission to one of our nursing centres or about the supplementary services on home care and nursing:

Consultation centre "Wohnen im Alter" (living at an old age)
Phone 044 388 21 21 or wohnenimalter@zuerich.ch

about the offers of the Memory Clinic Entlisberg and SiL home visits
Gerontological consultation centre
Phone 043 495 18 18 or gerontologische.beratungsstelle@zuerich.ch