



Letter to Parents and Guardians of Future 1st Kindergarten children

School Health Check

Dear parents and guardians

After the summer holidays, your child will join our kindergarten. We wish your child all the best in taking this huge step in their life, and we hope they have plenty of great experiences.

Health Checks for Good Health

The school health service supports the health of all school children from kindergarten to secondary school. The State School Act requires three mandatory school health checks in this time. The aim of these examinations is to recognise risks to children's health and development early on so that suitable measures can be taken in good time as required. This should ensure the best possible foundations for each child to do well at school.

Take your child for their school health check at their 4-year check-up with your private paediatrician or family doctor and have this confirmed by the school health service

The first school health check takes place at kindergarten level. The canton's State School Act requires that this school check-up is carried out as part of the standard 4-year check-up by your private paediatrician or family doctor. The examination includes hearing and vision tests, recording of height and weight, checking vaccinations and a development assessment.

The school health check must be confirmed to the school health service by 31st October of the child's first year of kindergarten. Ideally, you should bring the (orange) confirmation form to the 4-year check-up with your paediatrician.



Voluntary Information on the Confirmation Form

▶ **Include a Copy of the Vaccination Card**

If a contagious infection breaks out in the school, such as measles or meningitis, the cantonal school medical board and the school health service shall take measures to prevent the spread of these diseases. To ensure that necessary measures can be implemented as soon as possible, it is very important that the vaccination status of schoolchildren is already known before any illness breaks out.

Therefore, we ask you to provide us with a copy of your child's vaccination card or have your doctor log their vaccinations on the (orange) confirmation form.

▶ **Health Trends**

It is important to us that existing and future healthcare services are adapted to suit the current needs of schoolchildren. Therefore, we anonymously evaluate the results of the school health check to establish health trends among schoolchildren in Zurich. You can support us in this important task by providing us with the results of your child's check-up using the attached confirmation form.

If Confirmation Is Not Received by 31st October

If Zurich's school health service has not received a confirmation of your child's first year of kindergarten by 31st October, your child will be invited to attend a health service clinic. The school check-up will then be completed by us - however, not to the extent of the 4-year check-up carried out by the paediatrician.

Questions?

You can find FAQs at

www.stadt-zuerich.ch/vorsorgeuntersuchung-kindergarten

For more information, you can contact your school doctor at any time. You can find the address on the letterhead or online at

www.stadt-zuerich.ch/schularzt



For Your Information:

The documents for kindergarten registration will be/were returned by the district school authorities in February.

We wish your child all the best and a healthy time at kindergarten and school.

Your school health service