

Parents-ABC

Day School Himmeri

Here you will find the most important information for parents and legal guardians.

A**bmeldung**

Notification of Absence

Parents are responsible for ensuring their children attend school regularly. Please notify the school if your child is absent due to illness, medical appointments or other excused reasons. The best way to do this is through KLAPP Absences or by phone between 7 and 8:10 a.m. dial 044 413 19 51 for Heumatt or 044 413 31 20 for Staudenbühl. Children must be reported absent daily.

A**usfall Lehrperson**

Teacher Absence

Even if a teacher is absent, classes will continue. Students should come to school as usual. Another teacher will take over as a substitute.

B**egabtenförderung**

(BF)

Talented and gifted education

Talented and gifted education takes place on Wednesday mornings. Students from 2nd to 6th grade can participate. Teachers, together with parents and the gifted education teacher, decide on participation in the classes.

B**etreuung**

Care & Support

The care contract at the day school includes close cooperation with the regular teachers and subject teachers. Care is offered from 7 am to 6 pm, as well as on school holidays and during vacations. At the day school, children who have afternoon classes are provided with lunch and supervision during lunchtime. In addition to the day school model, you can book additional care services as needed. Rates are income-dependent and based on your contribution factor. You can manage the extent of care under "My Children." For more information, visit: <https://www.stadt-zuerich.ch/schulen/de/himmeri/betreuung.html>
Information on eligibility for subsidies can be found at: https://www.stadtzuerich.ch/sd/de/index/familien_kinder_jugendliche/kinderbetreuung/KostenSubventionen_neu_2.html

B**etreuungsalltag**

Daily Care Routine

Please notify a caregiver when you drop off or pick up your child. Kindergarten children will be accompanied to kindergarten by the caregivers. In case of illness, please arrange private care for the child.

D**ispensation**

Exemption

Attendance in class is generally compulsory for all students. A dispensation from attending classes requires approval. Parents need to fill out the 'Dispensation Request' form and submit it to the teacher for forwarding to the school management. The school management will decide on the approval of the request according to legal regulations. Parents will be notified of the decision in writing. The request must reach the school management one month prior to the potential dispensation. https://www.stadtzuerich.ch/ssd/de/index/volksschule/schulkreise_kreisschulbehoerden/glattal/schulbetrieb.html#dispensationsgesucheundjokertage

<p>Elektronische Medien Electronic media</p>	<p>Explore the world of electronic media with your children regularly and together: Internet, Games, Mobile Phones, Instagram, TikTok, etc. Talk to your children about it. Establish binding rules:</p> <ul style="list-style-type: none"> - Keeping personal data confidential - Permitted websites, games, movies - No hurtful entries on social media - Support through filtering and antivirus programs - Observance of age ratings for movies and video games <p>The screen should always be positioned so that parents can see it. TVs and computers do not belong in children's rooms. Keep an eye on your child!</p> <p>Recommended screen time per day:</p> <table> <tr> <th>Age</th><th>minutes per day</th></tr> <tr> <td>2-3</td><td>15</td></tr> <tr> <td>4-5</td><td>30</td></tr> <tr> <td>6-8</td><td>45</td></tr> <tr> <td>9-10</td><td>60</td></tr> <tr> <td>11-13</td><td>90</td></tr> </table>	Age	minutes per day	2-3	15	4-5	30	6-8	45	9-10	60	11-13	90
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<p>Elternabend Parent-teacher meeting</p>	<p>A parent-teacher meeting is held once per school year. Attendance is mandatory for parents.</p>												
<p>Elterngespräche Parent meetings or parent-teacher conferences</p>	<p>Parents are invited to a parent meeting at least once per school year. It is desirable that both parents participate.</p> <p>Regular discussions also take place in the care.</p> <p>In kindergarten and in the 1. Class, these conversations replace the certificate grades.</p>												
<p>Elternrat Parent council or parent association</p>	<p>The Parents' Council is the connection of you as parents to the teachers and caregivers as well as the pupils. The parents of a class choose at least two class parent delegates on the first parents' evening of the school year. The class parent delegates together form the parents' council and elect a board.</p>												
<p>Ferienbetreuung Holiday care or vacation care</p>	<p>If your child needs a holiday care place, register it via "My Children", the central access to the online services of the city of Zurich. The registration is binding. The booked holiday care days will be charged to you separately. Please apply your child on time for the holiday care.</p>												
<p>Fundgegenstände Lost and Found Items</p>	<p>Location Staudenbühl: Left-by is collected in the treasure trove (at the blue wing, care).</p> <p>Heumatt location: Left-out is collected in the aluminum box next to the south entrance.</p>												
<p>Homepage</p>	<p>Here you will receive all kinds of news and the current newsletters of the school: www.stadt-zuerich.ch/schulen/de/himmeri.html</p>												

H eilpädagogische Schule Special Needs School	The curative education school and the Himmeri-Staudenbühl school share the school area. The students of both schools know each other and play with each other during breaks and at noon. The teachers and caregivers of both schools work closely together.
I ntegrative Förderung (IF) Promoting Integration (PI)	Kindergarten and the school consider the individual talents and dispositions of the children. In addition, an IF-teaching staff supports children with special pedagogic needs on their path.
J okertag Joker-day	For each school year, there are two joker-days provided to the parents to use as school-off days on any desired day. Parents shall fill out the form (Jokertage) and submit it to the kindergarten or school.
K indergarten – Alltagskleider Kindergarten workaday Outfit	The children are physically very active in the kindergarten and go out on daily basis to experience the nature. Therefore, it's important to wear comfortable clothes and according to the actual weather.
K indergarten – Kontakttasche Kindergarten mail in a bag	You receive important information and dates by a mail in a bag. We handcraft this bag in the kindergarten. It is sent back and forth everyday. If you have any questions or remarks, contact the teaching staff directly.
K leidung Clothing	We kindly ask you to dress you child accordingly for the school. Tracksuit pants and jackets do not belong inside the classes and are not really tolerated.

Werte	Verhaltensregeln
<p>1. Wir respektieren alle, ob Gross oder Klein.</p> 	<p>Ich bin freundlich und halte mich an die Umgangsformen.</p> 
<p>2. Wir sind ehrlich und helfen uns gegenseitig.</p> 	<p>Ich bin fair und handle gerecht.</p> 
<p>3. Wir, Erwachsene und Kinder sind verständnisvoll.</p> 	<p>Ich spreche an, wenn mich etwas stört und höre zu, was die anderen zu sagen haben.</p> 
<p>4. Wir sind achtsam mit Menschen, Gegenständen und unserer Umgebung.</p> 	<p>Ich gehe vorsichtig mit Menschen, Sachen und der Umgebung um.</p> 
<p>5. Wir haben Freude und Spass, denn wir halten uns an die Regeln.</p> 	<p>Ich akzeptiere, dass wir verschieden sind und begegne allen mit Wertschätzung.</p> 

Values:

Behavioral rules:

1. We respect everyone, whether big or small.
I am kind and follow good manners.
2. We are honest and help each other.
I am fair and act justly.
3. We, adults and children, are understanding.
I speak up when something bothers me and listen to what others have to say.
4. We are mindful of people, objects, and our surroundings.
I handle people, things, and the environment with care.
5. We have joy and fun because we follow the rules.
Rules:
I accept that we are different and treat everyone with appreciation.

K _{urse}	As a day school we interact with various external off-school activity providers such as Music school, Sportamt etc.
Courses	
	Rosita Schaub
L _{eiterung Betreuung}	Himmeri-Heumatt Schwandenholzstrasse 20 8052 Zürich Tel. 044 413 19 54
Director of Day Care	Himmeri-Staudenbühl Himmeristrasse 57 8052 Zürich Tel. 044 413 31 22
	Marco Bänteli
L _{eiterung Hausdienst}	Himmeri-Heumatt Schwandenholzstrasse 20 8052 Zürich Tel. 044 413 19 53
und Technik Technical support	Thomas Schmuckli
Director of Janitor	Himmeri-Staudenbühl Himmeristrasse 57 8052 Zürich Tel. 044 413 31 35
L _{ogopädie}	This pedagogic-therapeutical job supports the children in their oral and written language development and promotes their growth and communication ability.
Speech therapy	
M _{obiltelefone}	Inside the school students don't need mobile phones. Yet, if still happening, the devices must be off and not within visual range.
Mobile phones	
M _{usikalische}	In this class, children deal with different appearances of the music in an experimental, experiencing and comprehensive manner. The emphasis is on playful happiness and creative design as well as active engagement with musical phenomenas. Classes are offered in the first and second year.
Grundausbildung	
Musical basic education	

Neu Autorität
New Authority

The approach of the New Authority is based on the action level of the adults- thus the parents, school Staff and care team. They define a collective approach towards the children and teach to think, speak and act as ,us' in the school.

- We are present
 - We participate
 - We perform resistance
 - We act
- We're not alone

Öffnungszeiten
Opening hours

The school is open during the operation as well as during the vacation and on school-free days between 7 am and 6 pm. The only days off are as following:

- January 1st and 2nd
- Good Friday and Easter Monday
- May 1st
- Ascension Day
- Whit Monday
- December 25th and 26th

Pause
Breaks

The children spend the time during the big break outdoors. Care team and teaching staff supervise on site.

Psychomotorik
Psycho-motricity

The psycho-motricity therapy is a program to support children with difficulties in their movement behavior.

QUIMS

QUIMS or Quality in Multicultural Schools is a program to help develop school and class education with the goal to reduce educational disadvantages. It supports schools with children with foreign language background, immigrated and socially disadvantaged families. We, as a QUIMS-Schule emphasize on promoting language skills, success at school social integration.

Sie-Kultur
Sie-Culture

We cherish a so-called Sie-Culture in our school. We attach value, during the off-school time as well as classes, that children address the staff with Sie. (German polite form for English YOU)

Schulärztlicher
Dienst
School medical Service

Schulärztlicher Dienst Glattal (SAD)
Oberwiesenstrasse 55
8050 Zürich
Tel. 044 413 46 83

Schulaufgaben
Homeworks

Beginning from 1st grade, homework classes take place after the regular classes every day. Each homework class lasts 30 minutes.

<p>Schulleitung</p> <p>School Directors</p>	<p>Susanne Huber Hardegger, Renée Mayor</p> <p>Himmeri-Heumatt Schwandenholzstrasse 20 8052 Zürich Tel. 044 413 19 53</p> <p>Himmeri-Staudenbühl Himmeristrasse 57 8052 Zürich Tel. 044 413 31 21</p>
<p>Schulpsychologischer Dienst</p> <p>School Psychological Service</p>	<p>Schulpsychologischer Dienst (SPD) Oberwiesenstrasse 66 8050 Zürich Tel. 044 413 40 50</p>
<p>School social work Himmeri: confidential, volunteer and free of charge</p> <p>We consult and support students:</p> <ul style="list-style-type: none"> - with problems at school and with students - with difficulties at home - with personal concerns and distress <p>We consult and support parents:</p> <ul style="list-style-type: none"> - with family problems regarding raising and developmental questions - With conflicts your child may have at school - With searching adequate leisure activities for your children - With networking of consulting and specialist departments <p>Do not hesitate to contact me: Gian-Marco Stürzinger, Schulsozialarbeiter Himmeri, 079 126 03 31 oder gian-marco.stuerzinger@zuerich.ch</p>	
<p>Schulweg</p> <p>On the Way to School</p>	<p>On the way to school the children are under parent's responsibility.</p>
<p>Schulzahnarzt</p> <p>School dentist</p>	<p>Once every year the class visits the school dental clinic in Zurich Oerlikon for a control check-up.</p>
<p>Tagesschule 2025</p> <p>Whole Day School 2025</p>	<p>Ever since school year 2019/2020 is the Himmeri School a whole Day school service according to the Whole Day school model 2025 of Zurich City. This model contains lunch time service and selective after-school time slots. You can sign off from Whole Day school model in written.</p>

U mzug Relocation	If you're moving during the school year with your family, fill out the Mutation form (via homepage or class teacher) und submit to the class teacher.
U nterrichtsbesuch Visiting a class	During a school year two regular visiting days take place. However, you may book an individual visiting day upon separate request to the class teacher.
V erkehrserziehung Traffic Regulation course	A police officer visits classes several time a year and teaches the children in respect of their age on issues like crossing a street, riding bicycle and passing a test etc. Please support and inspire your child at their learning of traffic regulations thru your own positive example.
V ersicherung Insurance	All students are insured privately by their parents.
V erpflegung Lunch & Snack	The school fosters and promotes a healthy and balanced diet. We offer vegetarian and pork-free cuisine. Children with allergies or diseases may get specially prepared meals with a confirmation from a doctor. A small breakfast called ‚Znüni‘ is provided by the school. Additional information under: www.menuandmore.ch
W hatsApp	Teachers and care team personnel are not part of the WhatsApp-chat. If you wish a parent WhatsApp-chat, you may set that up. The school however, communicates via KLAPP, letters, emails and phone.
Z eugnis School Report	Student's performance are evaluated in lessons, learning development and the behavior. The results are shown in the school report card. Students receive their report twice a year: End of January and at the end of the school year. In kindergarden and the First class only meetings with parents are foreseen.