



Stadt Zürich  
Soziale Dienste



# Volunteering opportunities for English-speaking people in Zurich

Contact point for voluntary work in the city of Zurich

## Neighborhood Help and Socio-Cultural Activities

### Nachbarschaftshilfe

Neighborhood Help

[www.nachbarschaftshilfe.ch](http://www.nachbarschaftshilfe.ch)

(in German)

Be active in your **neighborhood**. Go shopping for elderly people, water plants for your neighbors when they're away, or help out in the garden. There are countless opportunities to volunteer in your own neighborhood or further afield.

Join the «**Tandem**» project and take your first volunteering steps together with a Swiss neighbor. Improve your German and get to know Zurich locals.

Contact

[barbara.albrecht@nachbarschaftshilfe.ch](mailto:barbara.albrecht@nachbarschaftshilfe.ch)

### Gemeinschaftszentren der Stadt Zürich

Community Centers in Zürich

[www.gz-zh.ch](http://www.gz-zh.ch)

(in German)

Community Centers are meeting points for the people of Zurich where they can plan and organize socio-cultural activities. Meet people and join existing projects or start your own. Some of the **seventeen** centers run informal English conversation classes called 'Cafés', where your English language skills will be of great value.

## Language: Teaching and Tandems

### Autonome Schule Zürich

[www.bildung-fuer-alle.ch](http://www.bildung-fuer-alle.ch)

→ What is ASZ?

This independent and autonomous **school** was started by individuals as a project to fight racism and injustice. It offers classes in German, English, physics, mathematics and more. Students are teachers and teachers are students! Your ideas and projects are welcome.

### University and ETH Zurich

[www.sprachenzentrum.uzh.ch](http://www.sprachenzentrum.uzh.ch)

→ English → Tandem-Learning

The language **tandem** service was developed for students, staff and faculty of Zurich University and ETH. It offers the opportunity to learn a language while teaching your own.

### Language Tandem Interact

[interact-sprachentandem.ch](http://interact-sprachentandem.ch)

→ English

'**Interact**' offers the opportunity to learn German and also teach your language to a German native speaker.

Contact

[info@interact-sprachentandem.ch](mailto:info@interact-sprachentandem.ch)

## Sprach-Tandem

[sprach-tandem.ch](http://sprach-tandem.ch)

→ English

‘**Sprach-Tandem**’ helps you find a **tandem** partner to learn German or another language and share your own language skills. Registration is required.

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## Sport and Leisure

### Swiss Olympic Volunteer

[www.swissvolunteer.ch](http://www.swissvolunteer.ch)

(in German, Italian and French)

Be a volunteer at different **sport events** in Switzerland. Registration is required.

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### ClimbAID

[climbaid.org](http://climbaid.org)

ClimbAID aims to foster the physical and psychosocial development of refugee children and teenagers through **climbing**.

Contact

[info@climbaid.org](mailto:info@climbaid.org)

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### Workcamp Switzerland

[www.workcamp.ch](http://www.workcamp.ch)

→ English

Workcamp organizes **camp**s of two to four weeks in Switzerland and abroad, at which groups of volunteers from different countries engage in a wide range of community development tasks including environmental, social and cultural work.

Contact

[info@workcamp.ch](mailto:info@workcamp.ch)

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## Migrant Organizations

### Your Migrant Organization

[www.stadt-zuerich.ch/integration](http://www.stadt-zuerich.ch/integration)

→ Integrationsthemen A-Z

→ Migrantenorganisationen  
(in German)

The **migrant organization** of your home country might have some volunteering opportunities for you.

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## Miscellaneous

### Impact HUB

[zurich.impacthub.ch](http://zurich.impacthub.ch)

→ English → Jobs → Hubonaut

**Become a Hubonaut.** Volunteer as a **host** or help out at **events and workshops** in a vibrant, creative and international environment. Great opportunity to network and benefit from different projects and events.

Contact

[marisa.koenigbeatty@impacthub.ch](mailto:marisa.koenigbeatty@impacthub.ch)

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### ICVolunteers

[www.icvolunteers.org](http://www.icvolunteers.org)

**CyberVolunteering** – help out with **translations** and other tasks for different **environmental, agricultural** and **migration** initiatives.

Contact

[info@icvolunteers.org](mailto:info@icvolunteers.org)

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### Zurich Film Festival

[zff.com](http://zff.com)

→ English → Partners → Volunteers

Work as a volunteer in **cinemas** and ticket booths, at the Festival Center or at numerous other **festival** events.

Contact

[volontaere@zff.com](mailto:volontaere@zff.com)



## Miscellaneous:

### Solinetz

[solinetz-zh.ch](http://solinetz-zh.ch)

(in German, some parts in English)

Solinetz is a loose **network** of volunteers who are committed to helping **refugees and immigrants** in many different ways, including German classes and prison visits. Solinetz welcomes people with their own ideas for projects as well as people who want to join existing projects. These include:

### Gemeinsam Znacht:

Cook and invite refugees for dinner.

[www.gemeinsamznacht.ch](http://www.gemeinsamznacht.ch)

### Out and about together:

A walking group.

[solinetz-zh.ch](http://solinetz-zh.ch)

→ Projekte → Ausflüge, Sport, Freizeit

→ Flyer English

### Refugee Theater Malaika:

Join former refugees in a multicultural theater group.

[www.fluechtlingstheater-malaika.ch](http://www.fluechtlingstheater-malaika.ch)

### Friends on bikes:

Cycling lessons for refugees.

[solinetz-zh.ch](http://solinetz-zh.ch)

→ Projekte → friends on bikes

Contact

[info@solinetz.ch](mailto:info@solinetz.ch)

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### Maxim Theater

[www.maximtheater.ch](http://www.maximtheater.ch)

(in German, some parts in English)

Learning German by **singing and acting**.

Groups for adults and for children and parents together. Various intercultural projects.

Contact

[buero@maximtheater.ch](mailto:buero@maximtheater.ch)

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### Amnesty International

[www.amnesty-zh.ch](http://www.amnesty-zh.ch)

**Amnesty International** in Zurich has an English-speaking subgroup. There is close collaboration between the groups and a variety of activities to raise awareness of **human rights violations**.

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### WWF International Volunteers

[www.wwf-zh.ch](http://www.wwf-zh.ch)

(in German, some parts in English)

Learn about **nature** in organized workshops, get your hands dirty working in the forest, have exciting discussions about environmental issues and most importantly have **fun**.

Contact

[intvolunteers.ch@gmail.com](mailto:intvolunteers.ch@gmail.com)

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**The city of Zurich supports volunteering because voluntary activities are an important resource for the functioning of a society. They are the expression of a civil society's participatory will and make a vital contribution to the diversity and social cohesion of a community. Numerous government services could not be realized without the contribution of volunteers.**

## **Contact Point for voluntary work**

The Contact Point is Zurich's platform for voluntary activities, providing information and support to individuals, organizations and the corporate world. By various means, it promotes a wide range of voluntary involvement in the city. It advises individuals looking for suitable volunteer positions, provides support to organizations that recruit and oversee volunteers, and advises companies on how to promote volunteering by staff.

## **Your volunteering opportunities**

With your involvement, you will be forming relationships spanning generations as well as going beyond social and cultural borders. Exceptional encounters and exciting assignments will expand your expertise and personal competence. Volunteering is an excellent way of getting to know like-minded people and your local community.

There are many opportunities for English speakers to volunteer. The list is just for inspiration – do not hesitate to reach out to any other organization or get involved in other events that might interest you. A helping hand is needed more often than you might think. You may also find vacancies on **[benevol-jobs.ch](http://benevol-jobs.ch)**.

For more information, or to tell us about any new volunteering opportunity you come across, please contact our office for volunteer work:

### **Telephone**

[044 412 62 62](tel:0444126262)

### **E-Mail**

[freiwillige@zuerich.ch](mailto:freiwillige@zuerich.ch)

### **Website**

[www.stadt-zuerich.ch/freiwillige](http://www.stadt-zuerich.ch/freiwillige)

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8036 Zürich